



**2026
WOMENS NATIONAL DUALS
Freestyle & Greco-Roman
JUNE 16-20, 2026**

LOCATION

**19000 Grand Park Boulevard
Westfield, IN 46074**

CONTACT

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Indiana is excited to host the Women's National Duals Championships!

This Packet includes the following:

1. Women's National Dual Championships Team and Hotel Registration Information
2. Women's National Dual Championships Tournament Schedule
3. USA Wrestling Nationals Policies & Procedures



2026 USA Wrestling Women's National Dual Championships

Enclosed is the schedule and team registration form for the 2026 Women's Duals to be held in Westfield, IN on June 16-20. All information and rules regarding this event are available online at www.usawrestlingevents.com.

Reminder: Due at Registration – April 1, 2026

Registration procedure: It is mandatory for teams to register online at www.usawmembership.com. Below is the process:

1. Team Registration Form and entry fee (\$1400 per team per style) are due **ONLINE TO USAW** by the stated date April 1st, 2026. During the online registration process, states must identify their respective mat officials and team leaders for each team, along with their contact information. If a conflict dictates the necessity to change the names of those officials or leaders, those changes must be sent to the USWOA rep. (Stacey Davis, sdavis@usawrestling.org) and the site tournament director, 10 days before the event. Officials representing the states must ALSO sign up via the officials' tournament signup in the USAW Membership System. States with under 3,000 total members will be afforded the opportunity to submit a \$500 deposit to secure the \$1400 registration per team, per style. Final balance for these particular states must be submitted 10 days prior to the event. Must be submitted online. States not providing one (1) official per team shall also be fined \$1000 per registered team.
2. Teams that register after the April 1st deadline will be charged a late fee. The registration fee will increase to \$1,650. After May 14th, the fee will further increase to \$1,900 per team.
3. Teams registering after the May 14th deadline are also responsible for providing lodging for their designated state official representative.
4. The Team Registration Form must include the team leader and the mat officials' phone number and email address.
5. Upon receipt of your Online Team Registration and fee, you will be e-mailed a packet of policies.
6. Upon arrival at the event, you will be given your roster for verification. You will need to sign off on team members and seeding points.
7. Teams who fail to compete and have paid will be refunded the full amount minus a \$500 no-show fee.

USAW membership system directions:

1. State leaders click on your State Leader tab under the admin section of your profile.
2. Click on National Teams and start a new team under the 2026 year. Please refer to item 18 on policies and procedures for proper team naming.
3. Add a Team Leader to your National Team. This will give them access to add/delete wrestlers to the roster.
4. All athletes must have a current membership to be added to a team roster. If the athlete turns 18 during the membership year, they will need to complete a SafeSport.
5. Team Leaders and coaches must have current Wrestling Leader membership.

Table Worker Notice: Each state association entered in the National Duals must supply



one **volunteer** for each style in which the state association is competing. Volunteers will be asked to either score on computer system, run a score clock or video tape respective teams' duals.

Registration: Athlete information should be entered prior to 1:00 PM on June 15, 2026

- a. Tuesday, June 16 at The Grand Park Events Center head table
 - i. Roster verification Freestyle: Tuesday, June 16 at 3:00 PM
 - ii. Roster verification Greco-Roman (only): Thursday, June 18 at 5:00
- b. Teams will be entered and verified through USAWmembership.com.**
- c. All teams participating in the Duals must register at USAWmembership.com.
- d. Draw numbers for each team will be pulled at the time of roster verification for each event.
- e. Coaches' Passes: Maximum of four per team.
 - i. Coaches must have a current USA Wrestling Card and a Bronze-Level Coaching Certification (must be presented at registration). Coaches must be entered into the USAW Membership System
 - ii. Team Leader Passes: One Team Leader pass will be issued per state. Team Leader must have a current background check and SafeSport completed.
- f. All State teams must provide one official. Wrestling Officials must be entered into the USA Wrestling Membership System

Weigh-in/Eligibility:

- a. Wrestlers able to compete in the 14U National Duals are born 2012 & 2013 –Weight Classes 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 150, 165, 180.
- b. Wrestlers able to compete in the 16U National Duals are born 2010-2011 - Weight Classes: 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 207, 235.
- c. Wrestlers able to compete in the JR National Duals are born after Sept. 1, 2006- Weight Classes: 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 207, 235.



Team Registration Form

State: _____

State Team Contact Name: _____

Phone: _____ Email: _____

Address: _____

14U Dual Team(s)

Name of Team 1 Freestyle: _____

Volunteer Name: _____ Phone #: _____

14U Freestyle Official: _____

Name of Team 2 Freestyle: _____

Volunteer Name: _____ Phone #: _____

14U Freestyle Official: _____

Name of Team 1 Greco: _____

Volunteer Name: _____ Phone #: _____

14U Greco Official: _____

Name of Team 2 Greco: _____

Volunteer Name: _____ Phone #: _____

14U Greco Official: _____

16U Dual Team(s)

Name of Team 1 Freestyle: _____

Volunteer Name: _____ Phone #: _____

16U Freestyle Official: _____

Name of Team 2 Freestyle: _____

Volunteer Name: _____ Phone #: _____

16U Freestyle Official: _____

Name of Team 1 Greco: _____

Volunteer Name: _____ Phone #: _____

16U Greco Official: _____



Name of Team 2 Greco: _____
Volunteer Name: _____ Phone #: _____
16U Greco Official: _____

Junior Dual Team(s)

Name of Team 1 Freestyle: _____
Volunteer Name: _____ Phone #: _____
Junior Freestyle Official: _____

Name of Team 2 Freestyle: _____
Volunteer Name: _____ Phone #: _____
Junior Freestyle Official: _____

Name of Team 1 Greco: _____
Volunteer Name: _____ Phone #: _____
Junior Greco Official: _____

Name of Team 2 Greco: _____
Volunteer Name: _____ Phone #: _____
Junior Greco Official: _____

ACCOMODATIONS & HOST HOTELS

- **2026 USA Wrestling Women's National Duals Hotel Link:**
 - [Women's Duals Hotel Booking Link](#)



Women's National Duals 2026 Event Schedule

***Start times are subject to change based on number (#) of teams competing**

This schedule is subject to change based on the number of teams entered in each tournament.

***NOTE: TOURNAMENT WILL BE RUN IN ROUNDS BY MATCH NUMBERS. THEREFORE, TEAMS MUST BE READY TO WRESTLE AT FIRST AVAILABLE MAT.**

NOTE: In order to keep the tournament on schedule, all coaches must make a quicker transition between mats when starting a new dual. You are also encouraged to have the next wrestler ready between bouts.

Tuesday, June 16th

2:00 PM to 5:00 PM – Open Mats

2:30 PM to 4:00 PM – Operations Officials Meeting

3:00 PM to 4:00 PM – Team Registration

4:00 to 5:00 PM – Tournament Set-up

4:30 PM to 5:00 PM – Coaches Meeting

5:00 PM to 6:00 PM – Weigh-ins and medical check (14U, 16U, and Juniors)

****16U & Juniors must weigh in for both styles**

6:30 PM to 7:30 PM – Officials Meeting

Wednesday, June 17th

7:30 AM to 8:30 AM – Officials breakfast and assignment meeting

9:00 AM to 1:30 PM – 14U, 16U, and Junior Freestyle: 3 Rounds

**** Dependent on final number of teams and bracket**

1:30 PM to 2:30 PM – Lunch Break

2:30 PM to 8:00 PM – 14U, 16U, and Junior Freestyle: 5 Rounds

**** Dependent on final number of teams and bracket**

Thursday , June 18th

7:30 AM to 8:30 AM - Officials breakfast and assignment meeting

9:00 AM to 1:00 PM –14U, 16U, and Junior Freestyle (2 Rounds)

** Dependent on final number of teams and bracket

1:00 PM to 2:00 PM – Lunch Break

2:00 PM to 5:00 PM –14U, 16U, and Junior Freestyle (1 Round)

** Dependent on final number of teams and bracket

5:00 PM to 6:00 PM – Team Registration (14U, 16U, and Junior Greco-Roman)

7:00 PM to 7:30 PM – Weigh-ins and medical check (16U/ Junior Greco-Roman)

***If a wrestler is weighing in for her second style of competition at the original weight class or any weight class above, she will receive a four (4) pound allowance. A wrestler may only go to a lower weight class provided she makes scratch weight. If a wrestler did not compete in two matches in the first style, she must make scratch weight. Forfeits count towards this total.*

7:00 PM to 8:00 PM – Tournament Set-up

Friday, June 19th

7:30 AM to 8:30 AM – Officials breakfast and assignment meeting

9:00 AM to 1:30 PM – 14U, 16U, and Junior Greco-Roman (3 Rounds)

** Dependent on final number of teams and bracket

1:30 PM to 2:30 PM – Lunch Break

2:30 PM to 8:00 PM – 14U, 16U, and Junior Greco-Roman (3 Rounds)

** Dependent on final number of teams and bracket

Saturday, June 20th

7:30 AM to 8:30 AM – Officials breakfast and assignment meeting

9:00 AM to Conclusion – 14U, 16U and Junior Greco Roman (3-4 Rounds)

**Dependent on final number of teams and bracket

