

YELLOW MEDICAL ALERT

USA WRESTLING

The contestant named below is on a medical hold and cannot compete until a **GREEN MEDICAL ALERT** is issued by the Tournament Medical Coordinator. This contestant is not withdrawn from competition until he or she has two losses and will be paired until two losses occur or **GREEN MEDICAL ALERT** is issued and he/she can safely return to competition.

Contestant's Name: _____ Age Group: _____

Date of Issue: _____ Time of Issue: _____

State/Team/Organization: _____ Weight Class: _____

Tournament Site: _____ Event: _____

Comments: _____

Problem: _____

Coach Notified: Yes No

Signature: _____ Print Name: _____

**This Form must be recorded and returned to Pairing Official Immediately.
(OVER)**

If contestant is issued a **YELLOW MEDICAL ALERT**, the contestant must get a **GREEN MEDICAL ALERT** to continue in this competition at this tournament location. The tournament medical staff must approve of your safe return to competition. The tournament medical staff may require additional diagnostic tests, medical intervention or medical clearance by another physician. Example: If you received a **YELLOW MEDICAL ALERT** in the first style of competition and wish to compete in second style, you must obtain a **GREEN MEDICAL ALERT** from the tournament medical staff. This may require a physician clearance from another physician other than the tournament physician.

If you are issued a **RED MEDICAL ALERT** you will not be cleared to compete at this event regardless of a physician clearance form.

The decision of the Tournament Medical Coordinator or Tournament Medical Director is final and cannot be appealed or protested.

USA WRESTLING CONCUSSION GUIDELINES

For USA Wrestling Nationals and USA Wrestling tours the following steps should be followed:

1. Determine if the wrestler or official has sustained a concussion. The match should be stopped until the tournament medical staff has determined that the wrestler can safely return to competition. The medical staff can determine if the wrestler needs to leave the mat for a safe to return to competition evaluation. It is advisable to utilize a Standardized Concussion Assessment Tool such as Current SCAT protocol; BESS, Sideline Assessment of Concussion, C-3 Logix and record the Signs and Symptoms and measurable findings. Please include date and times of assessment.
2. If participant is allowed to continue in the match by USA Wrestling Medical Staff a concussion evaluation must be performed immediately after completion of the match. A **YELLOW FORM NEEDS TO BE COMPLETED IMMEDIATELY**.
3. If the medical staff determine the wrestler cannot safely return to competition **YELLOW Alert** is submitted to Tournament Director and match ends in a medical default.
4. **RED Flags** for Medical default are Unresponsiveness, unconsciousness, Gross motor instability or Amnesia. USA Wrestling Medical Staff will determine when to EMS transport injured wrestlers based on evaluation.
5. USA Wrestling Medical Staff must follow the (USA) State's Concussion Laws for the STATE in which the tournament is located.
6. Any wrestler that is deemed Concussed by the USA Wrestling Tournament Medical Staff must have a written evaluation on record, issued a "USA Wrestling Post Concussion Management" form and be released to a responsible adult with Management Directives: if minor age wrestler the parent or legal Guardian must be contacted by Tournament Medical Staff or designated Team or Club Coach.
7. All **RED Cards** from a USA Wrestling Sanctioned event must be cleared per the resident wrestler STATE Laws before they can enter another USA Wrestling National Event.
8. USA Wrestling Tournament Medical Physicians are not allowed to Clear a **RED Alert** on a Concussed Wrestler at the Tournament they are assigned.
9. **USA WRESTLING TOUR MEDICAL STAFF** can choose to Return Concussed Participants based on best Medical Standard of Care.

USA Wrestling Association recommends that all Concussed participants be CLEARED to Return to competition based on being Symptom Free and cleared of all Signs of Concussion and have completed a five STEP Progressive Return to Competition that is documented and supervised by STATE QUALIFIED CONCUSSION SPECIALIST. Concussion Specialist should follow up on concussed participant at least 10 days after clearance is granted.