



2024
14U NATIONAL DUALS
Freestyle & Greco-Roman
JUNE 11 - 15, 2024

The Greater Philadelphia Expo Center
100 Station Avenue
Oaks, PA 19456

CONTACT

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Mailed to 1510 Anna Marie Cir, Ambler, PA 19002.

Pennsylvania is excited to host the 14U Duals National Championships! If you need any assistance making a reservation or gathering additional information, please contact Joe Stabilito Sr.

This Packet includes the following:

1. 14U National Dual Championships Team and Hotel Registration Information
2. 14U National Dual Championships Tournament Schedule
3. USA Wrestling Nationals Policies & Procedures

2024 USA Wrestling National 14U Dual Championships

Enclosed is the schedule and team registration form for the 2024 14U Duals to be held in Oaks, PA on June 11 - 15. All information and rules regarding this event are available on-line at www.usawrestlingevents.com.

Reminder: Due at Registration – Monday May 6, 2024

Registration Procedure: It is mandatory for teams to register online at www.usawmembership.com

Below is the process:

1. Team Registration Form and entry fee (\$1375 per team per style) are due to the host by the stated date May 6th, 2024.
2. Team Registration Form must include a team leader contact and email address.
3. Upon receipt of your Team Entry Form and fee, you will be e-mailed a packet of policies.
4. Upon arrival at the event, you will be given your roster for verification. You will need to signoff on team members and seeding points.

USAW membership System Directions:

1. State Leaders click on your State Leader tab under the Admin section of your profile.
2. Click on National Teams and Start a New Team under the 2024 year. Please refer to item 18 on policies and procedures for proper Team Name
3. Add a Team Leader to your National Team. This will give them access to add/delete wrestlers to the roster.
4. Teams will be seeded according to the aggregate PIN rating for wrestling on participating teams.
5. All athletes must have a current membership to be added to a team roster. If the athlete turns 18 during the membership year they will need to complete SafeSport.
6. Team Leaders and Coaches must have current Wrestling Leader membership.

Mat Official:

- Name of official(s) from your state or \$1000 fee per team/per style.

Note: Each state association entered in the National Duals must supply a minimum of **one mat official** for each style in which the state association is competing. If a state association does not provide one mat official per team, a fee of **\$1000** will be assessed to each team for each official that is not provided. This fee is due before a team will be allowed to register (Dual Rules available on-line).

Table Worker Notice: Each state association entered in the National Duals is encouraged to supply one **volunteer** for each style in which the state association is competing. Volunteers will be asked to either score dual on computer bracketing system or video tape respective teams' duals.

We welcome your participation in this quality event. As always, if you have any questions please do not hesitate to contact us.

Joe Stabilito Sr. Phone : (215-317-3079) - E-mail : 14unationalduals@gmail.com

Registration: Athlete information should be entered prior to 1:00 PM on June 11, 2024

- a. Tuesday June 11 at The Greater Philadelphia Expo Center head table
 - i. Roster verification Greco-Roman: Tuesday June 11 at 6:00 PM
 - ii. Roster verification Freestyle (only): Wednesday June 13 at 4:30
- b. **Teams will be entered and verified through USAWmembership.com.**
- c. All teams participating in the Duals must register at USAWmembership.com.
- d. Draw numbers for each team will be pulled at the time of roster verification for each event.
- e. Coaches' Passes: Maximum of four per team.
 - i. Coaches must have a current USA Wrestling Card and a Bronze-Level Coaching Certification (must be presented at registration). Coaches must be entered into the USAW Membership System
 - ii. Team Leader Passes: One Team Leader pass will be issued per state. Team Leader must have a current background check and SafeSport completed.
- f. All State teams must provide one official. Wrestling Leader must be entered into the USAW Membership System

2. Weigh-in/Eligibility:

- a. Wrestlers able to compete in the 14U National Duals are born 2010 and 2011.
- b. Weight Classes: 71,77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187 & 250.

ACCOMODATIONS & HOST HOTELS:

2024 USA Wrestling 14U National Duals Hotel Link: [CLICK HERE](#)

***Teams are encouraged to stay in the options provided below. If you have a different property you would like to stay at, please email 14unationaldual@gmail.com prior to booking.

We will do the best we can to make them available:

- **Hilton Garden Inn Valley Forge/Oaks - 0.9 miles**
- **Homewood Suites by Hilton Philadelphia-Valley Forge - 4.0 miles**
- **Tru by Hilton Audubon Valley Forge - 4.1 miles**
- **Holiday Inn Express and Suites of Limerick - Pottstown, an IHG Hotel - 9.7 miles**
- **Sheraton Valley Forge - 5.7 miles**
- **Crowne Plaza Philadelphia - King of Prussia - 7.3 miles**
- **Fairfield Inn by Marriott Philadelphia Valley Forge/King of Prussia - 6.7 miles**
- **Courtyard by Marriott - Collegeville - 3.8 miles**
- **Homewood Suites Plymouth Meeting - 15.6 miles**
- **Doubletree Suites by Hilton, Philadelphia West - 15.4 miles**
- **Holiday Inn Lansdale - Hatfield, an IHG Hotel - 13.9 miles**



2024 14U NATIONAL DUALS TEAM REGISTRATION FORM

Online Google form:

https://docs.google.com/forms/d/e/1FAIpQLSfbW_subi5Fo5TW9grZM_hJ4gYADc6uHmOILlLbLWWdN8Qy4g/viewform?usp=sf_link

State:	
State Team Contract Name:	
Cell Phone Number:	
Email:	
Address:	

14U Dual Team(s)

Name of Team 1 Freestyle	
Volunteer Name Team 1: Cell Phone Number:	
Name of Team 2 Freestyle	
Volunteer Name Team 2: Cell Phone Number:	
Team 1 FS Officials Name Cell Phone Number	
Team 2 FS Officials Name Cell Phone Number	
Name of Team 1 Greco:	
Volunteer Name Team 1: Cell Phone Number:	
Name of Team 2 Greco:	
Volunteer Name Team 2: Cell Phone Number:	
Team 1 GR Officials Name Cell Phone Number	
Team 2 GR Officials Name Cell Phone Number	
Name of Teams Hotel	

14U Duals 2024 Event Schedule

This schedule and start times are subject to change based on the number of teams entered in each tournament.

Tuesday June 11

- 6:00 pm-7:00 pm Greco-Roman & Freestyle Registration
- 7:00 pm-10:00 pm Pairing Officials' Meeting & Tournament Set-up
- 7:00 pm-7:20 pm Greco-Roman Coaches' Meeting
- 7:30 pm-7:50 pm Greco & Freestyle Skin Checks & Weigh-ins

Wednesday June 12

- 7:00 am Doors open
- 7:30 am-7:45 am Greco Clinic (Athletes and Coaches)
- 8:00 am-2:00 pm Session 1 – Greco (Preliminary Pool Rounds 1-2-3)
- 2:00 pm-3:00 pm Lunch Break
- 3:00 pm-10:00 pm Session 2 – Greco (Preliminary Pool Rounds 4-5-6)

Thursday June 13

- 7:00 am Doors open
- 8:00 am-2:00 pm Session 3 – Greco Gold/Silver, Bronze/Copper, Red/Blue, Green/Yellow (3 Rounds)
- 2:30 pm-4:30 pm Session 4 – Greco Finals Awards (1 Round)
- 4:30 pm- 5:30 pm Freestyle Only Registration
- 5:30 pm-6:30 pm Freestyle Coaches' Meeting
- 6:00 pm-6:20 pm Freestyle Only Skin Checks &
- 8:00 pm Social for Pairing & Mat Officials

Friday June 14

- 7:00 am Doors open
- 7:30 am-7:45 am Freestyle Clinic (Athletes & Coaches)
- 8:00 am- 2:00 pm Session 1 – Freestyle (Rounds 1-2-3)
- 2:00 pm-3:00 pm Lunch Break
- 3:00 pm-9:00 pm Session 2 – Freestyle (Rounds 4-5-6)

Saturday June 15

- 7:00 am Doors open
- 8:00 am-2:00 pm Session 3 – FS Gold/Silver, Bronze/Copper, Red/Blue, Green/Yellow (3 Rounds)
- 2:30 pm-4:30 pm Session 4 – FS Finals and Awards (1 Round)

*NOTE: TOURNAMENT WILL BE RUN IN ROUNDS BY MATCH NUMBERS. THEREFORE, TEAMS MUST BE READY TO WRESTLE AT FIRST AVAILABLE MAT.

NOTE: In order to keep the tournament on schedule, all coaches must make a quicker transition between mats when starting a new dual. You are also encouraged to have the next wrestler ready between bouts.