

RED MEDICAL ALERT

USA WRESTLING

Because of injury or illness, the contestant named below is prohibited from further competition at this tournament site. It is the professional opinion by the undersigned medical officer that continued competition could endanger the health and wellbeing of the contestant. The decision of the Tournament Medical Coordinator is final and cannot be challenged or appealed.

Contestant's Name: _____ Age Group: _____

Date of Issue: _____ Time of Issue: _____

State/Team/Organization: _____ Weight Class: _____

Tournament Site: _____ Event: _____

Comments: _____

Diagnosis (Must be completed by doctor/ATC onsite):

Coach Notified: Yes No

Signature: _____ Print Name: _____

This Form must be recorded and returned to Pairing Official Immediately.

(OVER)

USA WRESTLING CONCUSSION GUIDELINES

For USA Wrestling Nationals and USA Wrestling tours the following steps should be followed:

1. Determine if the wrestler or official has sustained a concussion. The match should be stopped until the tournament medical staff has determined that the wrestler can safely return to competition. The medical staff can determine if the wrestler needs to leave the mat for a safe to return to competition evaluation. It is advisable to utilize a Standardized Concussion Assessment Tool such as Current SCAT protocol; BESS, Sideline Assessment of Concussion, C-3 Logix and record the Signs and Symptoms and measurable findings. Please include date and times of assessment.
2. If participant is allowed to continue in the match by USA Wrestling Medical Staff a concussion evaluation must be performed immediately after completion of the match. A YELLOW FORM NEEDS TO BE COMPLETED IMMEDIATELY.
3. If the medical staff determine the wrestler cannot safely return to competition YELLOW Alert is submitted to Tournament Director and match ends in a medical default.
4. RED Flags for Medical default are Unresponsiveness, unconsciousness, Gross motor instability or Amnesia. USA Wrestling Medical Staff will determine when to EMS transport injured wrestlers based on evaluation.
5. USA Wrestling Medical Staff must follow the (USA) State's Concussion Laws for the STATE in which the tournament is located.
6. Any wrestler that is deemed Concussed by the USA Wrestling Tournament Medical Staff must have a written evaluation on record, issued a "USA Wrestling Post Concussion Management" form and be released to a responsible adult with Management Directives: if minor age wrestler the parent or legal Guardian must be contacted by Tournament Medical Staff or designated Team or Club Coach.
7. All RED Cards from a USA Wrestling Sanctioned event must be cleared per the resident wrestler STATE Laws before they can enter another USA Wrestling National Event.
8. USA Wrestling Tournament Medical Physicians are not allowed to Clear a RED Alert on a Concussed Wrestler at the Tournament they are assigned.
9. USA WRESTLING TOUR MEDICAL STAFF can choose to Return Concussed Participants based on best Medical Standard of Care.

USA Wrestling Association recommends that all Concussed participants be CLEARED to Return to competition based on being Symptom Free and cleared of all Signs of Concussion and have completed a five STEP Progressive Return to Competition that is documented and supervised by STATE QUALIFIED CONCUSSION SPECIALIST. Concussion Specialist should follow up on concussed participant at least 10 days after clearance is granted.